

8<sup>th</sup> January 2019



**To Parents of pupils in Year 11**

Dear Parents

### **Conference Day Tuesday 22<sup>nd</sup> January 2019**

I am writing to let you know about a Conference Day I have arranged for Year 11 pupils on Tuesday 22<sup>nd</sup> January 2019. The theme for the day is **Personal Wellbeing: Understanding yourself and others**. The pupils will take part in workshops on the following themes:

- Avoiding stereotyping
- Sexual health and contraception
- Limiting risky behaviour

All sessions are being run by James Appleyard who is an expert in this field with many years' experience in working with teenagers and with us at Hollygirt. The emphasis is on raising pupils awareness of issues facing teenagers in today's world and promoting a strong sense self-esteem in order to help them make informed and safe decisions in their own lives.

As always on Conference Days, the pupils do not have to wear school uniform. We do, however, expect all pupils to be smart and dressed appropriately for a positive and engaging day.

Yours sincerely



Mr C Dean  
Deputy Head