

30th January 2018

To Parents of pupils in Year 10

Dear Parents



Conference Day - Tuesday 6th February 2018

I am writing to let you know about a Conference Day I have arranged for Year 10 pupils on Tuesday 6th February 2018. The theme for the day is **Personal Wellbeing: Making Informed Decisions**. The pupils will take part in workshops on the following themes:

- Relationships
- Sexual health and contraception
- Drug Awareness

All sessions are being run by James Appleyard who is an expert in this field with many years' experience in working with teenagers and with us at Hollygirt. The emphasis is on raising pupils awareness of issues facing teenagers in today's world and promoting a strong sense of self-esteem in order to help them make informed and safe decisions in their own lives.

As always on Conference Days, the pupils do not have to wear school uniform. We do, however, expect all pupils to be smart and dressed appropriately for a positive and engaging day.

Yours sincerely



Mr C Dean
Deputy Head