

6th February 2018



To: Parents of pupils in Year 7

Dear Parents

Conference Day - Monday 12th February 2018

I am writing to let you know about a Conference Day I have arranged for Year 7 pupils on Monday 12th February 2018. The theme for the day is '**Physical, Mental and Emotional Health**'.

All sessions are run by James Appleyard, an expert in this field with many years' experience in working with teenagers, including pupils at Hollygirt. The emphasis is on raising the pupils' awareness of many of the issues facing teenagers in today's world and promoting a strong sense of self-esteem in order to help them make informed and safe decisions in their own lives.

As always on Conference Days, the pupils do not have to wear school uniform. We do, however, expect them to be smart and dressed appropriately for a positive and engaging day.

Yours faithfully



Mr C Dean
Deputy Head