

Spring Term 2018

Week 1 W/C – 8th Jan, 5th Feb, 12th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Tomato Basil & Cheddar Pasta Bake (Wheat, Milk, Gluten)	Minced Beef Hotpot (Milk)	Roast Beef	Chicken & Noodle Stir Fry (Wheat, Gluten, Mustard)	Cheese & Ham Pizza Bread (Milk, Wheat)
Main Meal Option 2	3 Cheese Macaroni (Wheat, Milk, Barley, Gluten)	Quorn Mince Hotpot (Eggs, Milk)	Quorn Beef Steak (Eggs)	Potato & Sweetcorn Curry (Wheat, Gluten, Mustard)	Cheese & Tomato Pizza Bread (Milk, Wheat)
Served with...	Garlic Bread (Wheat, Gluten) Salad Coleslaw	Carrots Broccoli Gravy	Roast Potatoes Yorkshire Pudding (Milk, Eggs, Wheat) Seasonal Veg Gravy	Fluffy Rice Salad	Potato Cubes (Sulphur Dioxide) Salad Coleslaw (Eggs)
Dessert	Mini Victoria Sponges (Eggs, Milk, Gluten) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Cherry Muffins (Eggs, Gluten) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Chocolate Brownies (Eggs, Wheat, Gluten, Milk, Nut Traces) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Chocolate Chip Cookies (Milk, Wheat, Nut Traces) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Waffles with Whipped Cream & Strawberry Sauce (Wheat, Eggs, Nut Traces) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice

Week 2 W/C – 15th Jan, 12th Feb, 19th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Jacket Potato with Quorn Meatballs in a Tomato Sauce (Eggs)	Hot Dogs (Wheat, Gluten)	Roasted Chicken Breast	Chicken Korma (Mustard)	Fish Cakes (Fish Gluten)
Main Meal Option 2	Jacket Potato with 3 Bean Chilli	Vegetarian Sausage (Eggs, Gluten)	Quorn Chicken Fillets (Eggs)	Pasta Bake (Milk, Gluten)	Quorn Dippers (Eggs)
Served with...	Cheese (Milk) Coleslaw (Eggs) Salad	Potato Wedges Beans	Roast Potatoes Yorkshire Puddings (Milk, Eggs, Gluten) Seasonal Veg Gravy	Rice Poppadoms Salad Coleslaw (Eggs)	Crispy Potatoes Beans
Dessert	Chocolate & Fruit Flapjack (Milk, Cereals) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Ice Cream Pots with Sauces (Milk) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Chocolate Cornflake Cake (Milk) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Apple Crumble & Custard (Wheat, Gluten, milk) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Strawberry and Cream Trifle (Milk) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice

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Week 3 W/C – 22nd Jan, 26th Feb, 26th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Vegetarian Quarter Pounder Burgers (Eggs)	Traditional Lasagne (Gluten, Milk)	Roast Beef	Pork Sausages	Chicken & Chorizo Pasta Bake (Wheat, Gluten)
Main Meal Option 2	Vegetable Kiev's (Gluten, Wheat)	Quorn Lasagne (Eggs)	Quorn Steak Strips (Eggs)	Quorn Sausages (Eggs)	Macaroni Cheese (Wheat, Gluten, Milk)
Served with...	Crispy Potatoes (Gluten) Beans Spaghetti Hoops (Gluten)	Garlic Bread (Wheat, Gluten) Broccoli	Roast Potatoes Yorkshire Puddings (Wheat, Gluten, Eggs) Seasonal Veg Gravy	Wedges Peas	Garlic Bread (Wheat, Gluten) Corn on the Cob
Dessert	Doughnuts (Eggs, Wheat, Gluten) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Chocolate Rice Krispie Cake (Milk) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Mixed Fruit Crumble & Cream (Milk, Gluten) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Ice Cream (Milk) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Fruit Muffins (Eggs, Wheat) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice

Week 4 W/C – 29th Jan, 5th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option 1	Quorn Spaghetti Bolognese (Eggs, Gluten)	Chinese Chicken Curry (Mustard)	Roast Chicken	Southern Fried Chicken Burgers (Gluten, Wheat)	Baguettes with a Variety of Fillings (Wheat, Gluten, Fish, Eggs, Milk)
Main Meal Option 2	Cheesy Leek and Potato Bake (Milk)	Quorn Chilli (Eggs)	Quorn Chicken Fillets (Eggs)	Veggie Dippers (Eggs)	Baguettes with a Variety of Fillings (Wheat, Gluten, Fish, Eggs, Milk)
Served with...	Garlic Bread (Wheat, Gluten) Peas Salad Coleslaw (Eggs)	Rice Peas & Sweetcorn Prawn Crackers Tortilla Chips (Gluten)	Roast Potatoes Yorkshire Puddings (Eggs, Gluten, Wheat) Seasonal Veg Gravy	Potato Cubes Sweetcorn Spaghetti Hoops (Gluten)	Homemade Soup Salad
Dessert	Jam Sponge & Cream (Milk, Gluten) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Strawberry & Chocolate Mousse (Milk) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Vanilla Cupcakes (Eggs, Milk) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Caramel Slice Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice	Chocolate Muffins (Eggs, Wheat) Fruit & Assorted Yoghurts (Milk) Water and Fruit Juice