



# Autumn Menu



## Week 1

## Week 2

Monday

**Chicken Fillet in a bun**  
(Wheat, milk, celery, sesame seeds & eggs)

**Tomato Pasta**  
(Gluten & Durum Wheat)

**Fishcakes**  
(Fish, Eggs, Wheat)

**Mascarpone & Tomato Pasta** (Milk, Wheat)

Served with Potato Wedges and Salad

Served with Potato cubes (Gluten) & Beans or salad

**Apple Crumble & Custard** (Wheat, Milk, Eggs)  
**Fresh fruit & Assorted Yogurts**  
**Water & Fruit Juice**

**Cheese and Crackers** (Milk, Wheat)  
**Fresh Fruit & Assorted Yogurts**  
**Water & Fruit Juice**

Tuesday

**Meat Pizza**  
(Wheat & Milk)

**Cheese Pizza**  
(Wheat & Milk)

**Lasagne**  
(Durum wheat, Gluten, Milk)

**Three Cheese Quiche**  
(Milk, Eggs & Wheat)

Served with salad selection and coleslaw (Eggs)

Served with New potatoes and peas

**Chocolate Krispie Cake**  
(Milk, Gluten, Barley, Soya)  
**Fresh Fruit & Assorted Yogurts**  
**Water & Fruit Juice**

**Butter Scotch Tart** (Milk & Wheat)  
**Fresh Fruit & Assorted Yogurts**  
**Water & Fruit Juice**

Wednesday

**Roast Beef**

**Quorn Chicken Fillet**  
(Eggs)

**Roast Chicken**

**Quorn Beef Steak** (Eggs)

Served with Roast Potatoes, Yorkshire Pudding, Seasoning & Gravy (Celery, barley, mustard, wheat)

Served with Roast Potatoes and stuffing, Seasonal Veg & Gravy (Barley, celery, wheat, mustard & soya)

**Cookie**  
(Gluten, Soya, Milk & Eggs)  
**Fresh Fruit & Assorted Yogurts**  
**Water & Fruit Juice**

**Chocolate Brownie** (Eggs, Milk, Wheat)  
**Fresh Fruit & Assorted Yogurts**  
**Water & Fruit Juice**

Thursday

**Chicken Wraps**  
(Gluten & Wheat)

**Mexican Bean Feast**

**Beef Curry**  
(Mustard, Wheat, Milk)

**Macaroni Cheese**  
(Gluten, Wheat, Barley & Milk)

Salad, relish (Mustard) & pickled beetroot

Served with rice and naan bread (Wheat, Gluten, Milk, Soya)

**Cornflake Tart** (Wheat & Milk)  
**Fresh Fruit & Assorted Yogurts**  
**Water & Fruit Juice**

**Lemon Sponge** (Milk, Eggs & Wheat)  
**Fresh Fruit & Assorted Yogurts**  
**Water & Fruit Juice**

Friday

**Fish & Chips**  
(Fish, Milk, Mustard, Wheat)

**Quorn Sausage & Chips** (Eggs)

**Jacket Potatoes**

Served with peas

Served with chili, cheese, beans or tuna (Milk & Fish)

**Carrot Cake** (Milk, Eggs, Wheat)  
**Fresh Fruit & Assorted Yogurts**  
**Water & Fruit Juice**

**Ice Cream and Wafers** (Milk)  
**Fresh Fruit, Assorted Yogurts**  
**Water & Fruit Juice**

Picnic bags available every day at £2.00

Hot Food £2.30 Desserts £0.70 Yogurts £0.50 Fresh Fruit £0.30  
Fruit Juice £0.30 Bottle of water £0.50