

25th January 2017

To: Parents of Pupils in Senior School

Dear Parents



Hollygirt – Horse Riding Club

Hollygirt is going to resume its Horse Riding Club. The club will take place on a **Tuesday from 3.45-5.30pm**, at **Woodside Riding School**. We will hire a mini bus for the journey to the riding school, but parents will need to **collect** pupils from there at **5.30pm**. The riding club is situated on the outskirts of Bestwood Country Park, just north of the city. Further directions will follow in an information pack.

The first five sessions will take place after half-term, on a Tuesday evening. They will begin on the first Tuesday back after half-term, 21st February. There will be five sessions that will run until 28th March, with a break on 14th March for Year 10 Work Experience week.

Horse riding is an excellent sport for increasing self-esteem and confidence. It also improves core balance, stamina and lower body strength. In addition to the program of lessons, there is the chance for pupils to engage in Own a Pony Days, Gymkhanas and Jumping Competitions. There will also be opportunity to go for pony treks around the picturesque woodland of Bestwood Park. The riding school's instructors are all fully qualified with the Association of British Riding Schools and the site has full insurance.

Pupils will need to commit to a **five week block of lessons at £90** (which includes cost of mini bus to the Riding School). We ask for a deposit of **£18** to secure your child's place. Pupils will need to wear sensible, comfortable clothes which they can change into at the end of the school day before we depart. Helmets and boots are supplied; however, pupils may bring their own boots providing they have a heel.

Pupils will then have the opportunity to advance their skills in a second block of five lessons, taking place after Easter.

Due to the cost involved in hiring a minibus, we require a **minimum of seven pupils** for the club to go ahead. We will refund all deposits if the club does not go ahead.

Please telephone and ask for Miss Heathcote if you have any questions about the club. I am more than happy to discuss the programme of lessons with you.

Yours sincerely,

Miss L Heathcote



Name of child: _____

Form: _____

I agree to my child taking part in Horse Riding Club. I acknowledge the need for obedience and responsible behaviour on their part. I understand that there is some level of risk in every activity but that this visit will be managed to minimise the risks involved. I am aware that horse riding is classed as a dangerous sport.

I believe my child to be medically fit to undertake this activity.

I enclose a cheque for £18 to cover the cost of the deposit. (Cheques should be made payable to Hollygirt School).

I will pay the remaining balance of £72 by **Monday 18th April**.

Signed: _____

Date: _____

Please return to Miss Heathcote asap