



Hollygirt
SCHOOL

8th September 2017

To: Parents of all pupils in the Junior School

Dear Parents,

School Fitness Week

We are pleased to inform you that the children in the Junior School will be participating in Joe Wicks, The Body Coach's first ever School Fitness Week. Each day next week, Joe will stream a live 20-minute workout at 10am. The aim of the week is to get more children to enjoy being active and feel the benefits of exercise.

Please ensure that your child has their trainers in school every day next week.

Thank you for your support.

Miss Gemma Wilson
Year 2 Teacher



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